

Heart of the High Country

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Heart of the High Country was a television show that aired on Northland Cable Channel 14 in Highlands and Cashiers, North Carolina from June of 2004 through December of 2009. In all there were 199 programs, and this is a comprehensive index of the shows. The first number indicates the season (1-6) and the second two numbers indicate the program number, usually 1-34 per season.

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